

Dear Parent/Guardian;

This letter is written to provide you with information regarding your future 9<sup>th</sup> grade student. The Connecticut School Health Law (Public Act 7-58) requires high school students to have a physical before entering 11<sup>th</sup> grade. In order to meet this requirement, students may now have their physical completed in 9<sup>th</sup> or 10<sup>th</sup> grade. Your current 8<sup>th</sup> grade student can have their physical done as early as June 10, 2013 (the last day of 8<sup>th</sup> grade), or anytime through the last day of 10<sup>th</sup> grade. Physicals done within that time period are acceptable for entrance into 11<sup>th</sup> grade. **Entrance into 11<sup>th</sup> grade will be denied without compliance to the health assessment requirement. It should be noted that this health assessment is separate from the requirement to participate in any competitive school sport that requires a physical which is current within a year to cover each sport season.**

Timely planning avoids exclusion from school for those not in compliance. A Health Assessment form is available at all Pediatrician/Physician offices or can be obtained at the health room here at Clark Lane Middle School. The form should be returned to the high school nurse. Please ensure all categories with an asterisk are completed, as the information is mandated by state law.

Please contact your school nurse if you have any problem obtaining a physical. Eligibility for free or reduced meals under the National School Lunch Program entitles recipients to a health assessment at no cost. Call Dolores Albrecht, RN at Waterford High School at 860 437-6956 if you have any questions.

Providing a safe health plan for individual students is a concern for all parents, health providers and schools. Confidential health assessment assists in this achievement.

Thank you for your anticipated cooperation.

Sincerely,

James M. Sachs  
Principal